



**the
Cause**

community church

P.O. Box 9727, Brea, CA 92822-9727

tel: 909.592.2059 | fax: 909.592.0795 | web: www.faithinoc.com

“What a Body!”

Gabbing about Life (Icebreaker)

- Share a positive group experience such as a team, work group, study group, production, etc., in which you have been involved, and what made the experience a good one?
- What attributes, qualities, talents, or strengths do you bring to a group setting?
- Have you had positive group experiences in a church? Describe one of them.

Reading from the Book of Life (the Bible)

Ephesians 4:1-16

Grappling with Life’s Issues (Questions)

Spend a few minutes discussing some of the major themes: What issues are presented in this passage? Are there repetitive themes?

The primary thrust of this passage is unity. We live in Southern California, one of the most diverse places in the world. The Church is a fascinating group because this diversity is all part of the body of Christ. It has been said, “Unity does not mean uniformity.” How does this statement relate to this passage?

What are the metaphors or illustrations used by Paul? (Body, infants, etc.) How do these metaphors help us understand what Paul is trying to point out?

Unity takes effort and commitment. What practical suggestions for the Church are mentioned to build this unity? (Be patient; be humble; be gentle; bear with one another in love; etc.)

Final Thought: What unique gifts, talents or abilities do you bring to the body of Christ in order to build it up? Identify something that you, as a member of the group, can do to positively impact the body of Christ.

Praying through Life’s Challenges

Pray that each person might recognize and use their gifts, abilities and talents to build up the body of Christ.

Created: 3/7/05 by Joshua Reeve
Life Group Resource #7

“For this cause I was born, and for this cause I have come into the world...”
John 18:37 (NKJV)